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Analysis Date: 15/11/2017

Athens,

**CERTIFICATE OF ANALYSIS** 

**Owner:** 

ARISTEON DOPIA SOULIS-CHAIKALIS K SIA EPE

Variety: Origin: DOPIA ZAKINTHOU LITHAKIA ZANTE GREECE

## **Chemical Analysis**

ar Anarysis		
Oleocanthal	558	mg/Kg
Oleacein	74	mg/Kg
Oleocanthal + Oleacein (index D1)	632	mg/Kg
Ligstroside aglycon (monoaldehyde form)	109	mg/Kg
Oleuropein aglycon (monoaldehyde form)	28	mg/Kg
Ligstroside aglycon (dialdehyde form)	258	mg/Kg
Oleuropein aglycon (dialdehyde form)	< 5	mg/Kg
Total tyrosol derivatives	926	mg/Kg
Total hydroxytyrosol derivatives	102	mg/Kg
Total phenols analyzed	1.028	mg/Kg

## **Comments :**

The levels of oleocanthal are higher than the avarage values (135 mg/Kg respectively) of the sample included in the international study performed at the University of California, Davis

The daily consumption of 20 g of the analyzed olive oil provides 20.6 mg of hydroxytyrosol, tyrosol or their derivatives (>5 mg) and consequently the oil belongs to the category of oils that protect the blood lipids from oxidative stress according to the Regulation 432/2012 of the European Union.

It should be noted that oleocanthal and oleacein present important biological activity and they have benn related with anti-inflammatory, antioxidant, cardioprotective and neuroprotective activity.

The chemical analysis was performed according to the method published in J.Agric. Food Chem., 2012, 60 (47), pp 11696-11703, J.Agric. Food Chem., 2014 62 (3), 600-607 and OLIVAE, 2015, 122, 22-33.

\*Oleomissional+Oleuropeindial \*\*Ligstrodial+Oleokoronal

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